

# STOP THE SPREAD

*of the coronavirus/COVID-19*

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



**Fever / cough?**

Visit the Daily Planet at  
511 W. Grace St.  
or call 804-783-2505

**Shortness of breath /  
chest pain?**

Go to the emergency  
room.

Need help? Talk to us:  
Call **804-972-0813**  
or talk to an outreach worker.